

# Functional Family Probation Services

Department of Community Justice  
Juvenile Services Division  
2011



# *Functional Family Probation Services*

- *Community-Based*
- *Evidence-Based*
- *Designed for Juvenile Justice*
- *FFPS is an integrative supervision and case management model for engaging, motivating, assessing and working successfully with high risk youth and families.*

# Founding Principles of FFPS

- ◆ Family Focused
- ◆ Respect based
- ◆ Consideration/respect for differences
- ◆ Focus on engagement through alliance
- ◆ Guided by research evidence

# In FFPS...

## *Juvenile Counselors...*

- ◆ Meet w/ families (*vs. working with the youth alone*)
- ◆ Work relentlessly to understand and to respect youth and families on their own terms, to both understand (assess) and to create a working relationship
- ◆ Work hard to uncover hope/strengths and family challenges (*vs. finding problems*)
- ◆ Use skill set to create motivation based on alliance (*vs. fear*)
- ◆ Work hard to create a balanced alliance with everyone in the family (*vs. supporting one party over another*)
- ◆ Strive to create credibility (*vs. exercising authority*)

# Matching Client Needs

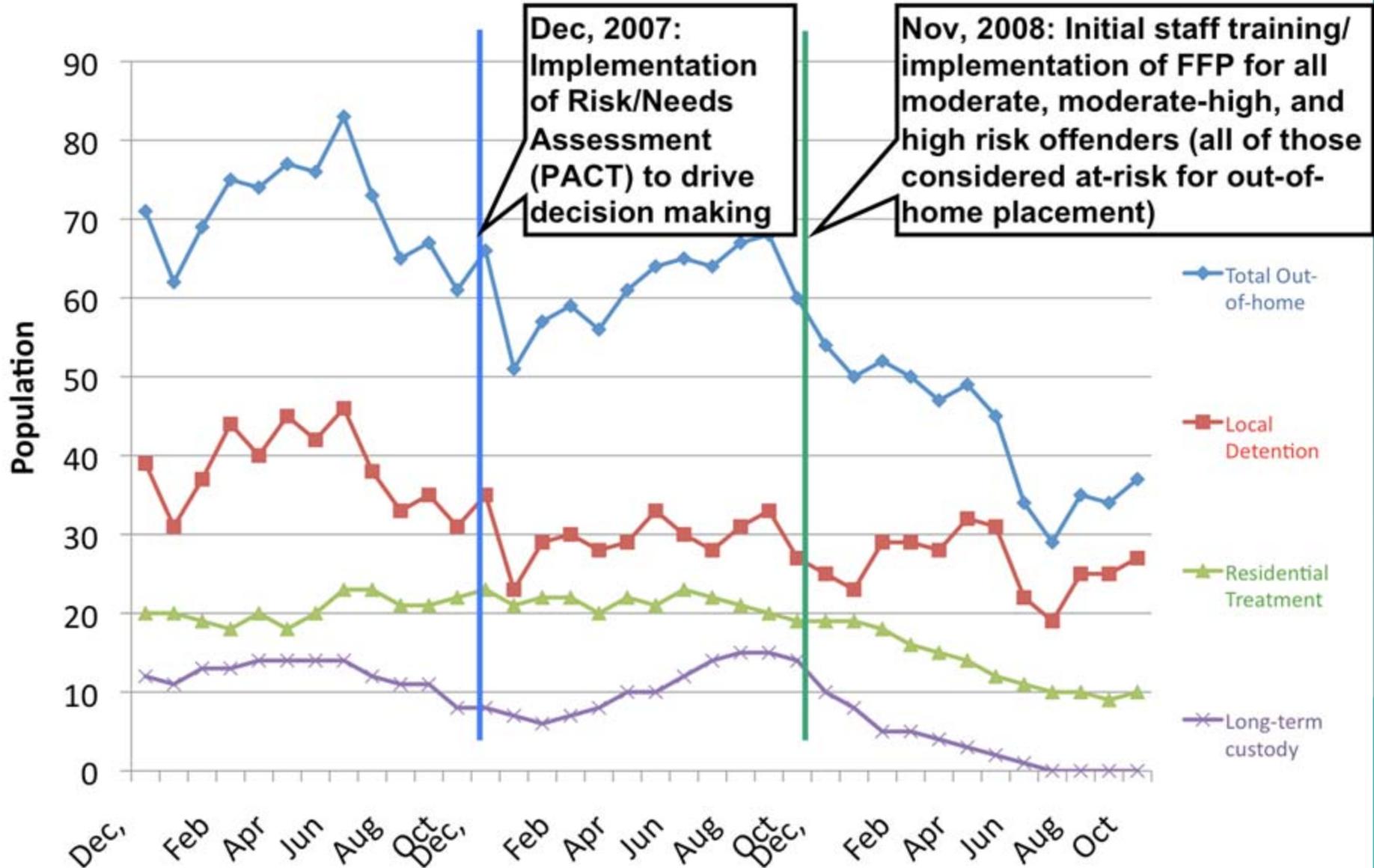
## ***MATCHING***

- ◆ *Philosophy as much as a “technique”*
- ◆ *Fundamental requisite for effectively engaging and changing families*

## **“Match to” clients:**

- ◆ We do what it takes for them to feel you are working hard to respect and understand them, their language, norms, etc

# Impact of Implementation of FFP in Yolo Co. Probation, CA (source: Yolo County Probation)



# Traditional Juvenile Probation and Parole Supervision: Has a negative cost benefit...

Wash State Institute for Public Policy, 2004

Cost Benefit Estimates for Washington State Programs as of September 17, 2004	Measured Benefits and Costs Per Youth			
	Benefits	Costs	Benefits per Dollar of Cost	Benefits Minus Costs
Functional Family Therapy	\$16,455	\$2,140	\$7.69	\$14,315
Aggression Replacement Training	\$9,564	\$759	\$12.60	\$8,805
Interagency Coordination	\$5,536	\$408	\$13.58	\$5,128
Mentoring	\$11,544	\$6,471	\$1.78	\$5,073
Intensive Probation Supervision	\$0	\$1,500	\$0.00	-\$1,500
Intensive Parole Supervision	\$0	\$5,992	\$0.00	-\$5,992
Regular Parole Supervision (v. not having parole)	-\$10,379	\$2,098	-\$4.95	-\$12,478